Sinusectomy for primary pilonidal sinus. A single center ten years’ experience.

arnaud dupuis1, dorota teterycz2, joan robert-yap1, guillaume zufferey1, karel skala1, meriem el ketbi1, noof al naimi1, bruno roche1, frederic ris1

1 division of visceral surgery, geneva university hospitals, 2 division of visceral surgery, wallis hospital, sion

Results

Sinusectomy was realized in 94.5% under local anesthesia. 99.3% of patients were ambulatory. With a median follow-up of 34 month [range 1-124 month], we observed a recurrence rate of 7.19%. The time off work is 12 days. Healing time is 26 days. Complication’s rate is 5.14% and included bleeding in 2.40% and infection 2.74%.

Conclusion

Sinusectomy is a simple and efficient procedure that can be realized under local anesthesia in an ambulatory setting. Among our ten years’ experience, sinusectomy is an ideal procedure for primary pilonidal sinus disease with short recovery time, low recurrence’s and complication’s rate.

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